

COVID-19 VACCINATION

Healthwatch website

We have created a dedicated vaccine webpage on the [Healthwatch Brighton and Hove website](#) which is being regularly updating. The website explains how the vaccines are currently being rolled-out and includes news and updates. In this bulletin we have included some of the most significant changes announced over the last week below. We have also created a [Vaccine “Fact Check” webpage](#) to provide you with accurate information about the vaccines

Contact us

Healthwatch is working with local NHS Clinical Commissioning Groups to ensure you get the information you need. If you have a specific question, please do get in touch at office@healthwatchbrightonandhove.co.uk

Information to help you understand the vaccination roll out

You can access some answers to Frequently Asked Questions about the vaccine by clicking [here](#). Read this ‘[fact check](#)’ page which tackles some of the biggest concerns and inaccuracies.

To help you understand more about the vaccination roll out and what to expect, a series of videos have been produced which are available below:

How will I get my jab? (animation) <https://www.youtube.com/watch?v=Bh4DLdKD6uw>

I have received a letter, what do I do? (animation)
<https://www.youtube.com/watch?v=ame-eJ4RUSU>

How will I be invited? <https://www.youtube.com/watch?v=wtDEiOK46GM>

What is a vaccination centre? <https://www.youtube.com/watch?v=izprZWWYe9w>

In addition:

[Click here](#) to access an Easyread guide to being vaccinated

[Click here](#) and [here](#) to access translated materials about the vaccine

[Click here](#) for British Sign Language resources

Have you had the COVID vaccine? We would like to hear from you about your experience. Please email office@healthwatchbrightonandhove.co.uk

Or contact the team leading the roll out sxccg.commsresponseteam@nhs.net

In this bulletin:

- A. Last chance to take our Healthwatch survey and share your views (page 2)
- B. Reassurance about the use of COVID-19 Vaccine AstraZeneca (page 3)
- C. Changes to vaccine supply in April (page 3)
- D. Vaccinations are available to anyone 50 and above. How to book your appointment (page 5)
- E. COVID Vaccinations - how you may be contacted (page 5)
- F. A reminder about vaccinations for unpaid carers (page 7)
- G. COVID vaccinations taken direct to heart of communities across the city (page 8)
- H. Symptom-free community testing is now available in test centres and participating pharmacies across Sussex (page 9)
- I. Starting to prepare for second doses (page 10)
- J. Fact check: Covid-19 vaccinations (page 12)
- K. Updated questions and answers (page 12)
- L. Latest vaccination data published (page 13)
- M. How to get your vaccine - in different languages (page 14)

A. Last chance to take our survey and share your views

[Click here to take the Healthwatch COVID-19 vaccine survey](#)

COVID-19 Vaccinations: What are your views and experiences?

- If you haven't had a vaccine yet, what are your views about taking it?
- If you have already had the vaccine, please share your experience.

Over 1300 people have already shared their views.

Please complete our survey and share with us how you feel about the vaccine, whether positive or negative.

All respondents have the chance to win one of five £20 Amazon vouchers (details in the last question).

All responses will be anonymous and will help us to inform health and social care services about this important step in combating COVID-19.

You can copy this link and paste it into your web browser

<https://www.surveymonkey.co.uk/r/BtnandHoveVaccine>

B. Reassurance about the use of COVID-19 Vaccine AstraZeneca

Sussex
Health and Care Partnership

NHS

Sussex COVID-19 Vaccination Programme Public messaging

We are aware of concerns following reports of blood clots in relation to the Oxford AstraZeneca COVID-19 vaccine and, most recently, the [Irish authorities'](#) action to temporarily suspend this vaccine.



In the UK, the Medicines and Healthcare products Regulatory Agency (MHRA) regulates medicines and is responsible for the regulation of the vaccines being offered as part of the COVID-19 vaccination programme and they have reviewed all of the evidence. The [MHRA remains clear that there is no evidence](#) to support any concerns about the AstraZeneca COVID-19 vaccine.

Please continue to book and attend your appointment.

The European Union's medicines agency has said there is "no indication" that Oxford-AstraZeneca's coronavirus vaccine is the cause of reported blood clots, and European countries who had temporarily suspended its use are once again offering the vaccine to people.

The MHRA made the following [statement](#):

Dr Phil Bryan, MHRA Vaccines Safety Lead said:

We are closely reviewing reports but the evidence available does not suggest the vaccine is the cause. Blood clots can occur naturally and are not uncommon. More than 11 million doses of the COVID-19 Vaccine AstraZeneca have now been administered across the UK, and the number of blood clots reported after having the vaccine is not greater than the number that would have occurred naturally in the vaccinated population.

We are working closely with international counterparts in understanding the global safety experience of COVID-19 vaccines and on the rapid sharing of safety data and reports.

People should still go and get their COVID-19 vaccine when asked to do so.

The benefits of the vaccine in preventing COVID-19, with its associated risk of hospitalisation and death, far outweigh the risks of side effects. People should go and get their COVID-19 vaccine when asked to do so. Blood clots can occur naturally and are not uncommon. More than 11 million doses of the COVID-19 Vaccine AstraZeneca have now been administered across the UK, and the number of blood clots reported after having the vaccine is not greater than the number that would have occurred naturally in the vaccinated population.

C. Changes to vaccine supply in April

Sussex
Health and Care Partnership

NHS

Sussex COVID-19 Vaccination Programme

Public messaging

As the Government announced, there will be a reduction in vaccine supply from 29th March. This means that a smaller number of first doses will be available during April. Since the start of the vaccination programme we have been adjusting to fluctuations in vaccine delivery week-by-week and services are used to working in this flexible way.

Please be assured that all booked vaccination appointments will continue unless you hear directly from a vaccination service or centre. If you have already booked an appointment for your first vaccine in April this will still go ahead. Therefore, please attend your appointment and receive your vaccination.

If you are in the [top nine priority groups](#) and yet to receive your first dose, please book your appointment as soon as possible (see below for details of how to do this).

- GP led local vaccination services (i.e., Brighton racecourse, Portslade Health Centre, County Oak Medical Centre) will continue to offer first doses in March, and also April (although vaccine supply will be reduced)
- There are currently appointments for first dose vaccinations available at the Brighton Centre until 29th March.

In addition, services are currently starting to contact people to arrange their second dose appointment as they approach the 11-week mark. The vaccine for these appointments is confirmed and these appointments will continue as planned. We remain on course to have offered vaccinations to all of the top nine groups by the 15th April, in line with the national target

You can arrange your appointment by:

- Using the national booking service (via the website www.nhs.uk/covid-vaccination or by calling 119 free of charge) and book an appointment at one of the Brighton Centre (or other large vaccination site). There are appointments available before 29th March when these services will pause for first doses for four weeks.
- Or, you can wait to be contacted by your local GP-led vaccination service, or speak to your GP practice if you have concerns that you have not been contacted.

D. Vaccinations are available to anyone 50 and above. How to book your appointment

People aged 50 and over are now being invited to book their lifesaving COVID jab as the NHS vaccination programme continues to gather pace.

Letters will be arriving from the national booking service inviting people to visit www.nhs.uk/covid-vaccination or to call 119 free of charge to arrange their appointment.

Please see this [easy guide which sets out which groups are eligible and how you can book your vaccination if you are in these groups](#).

- **If you are in priority groups 1-4, aged 70 and above or clinically extremely vulnerable** and haven't had your jab, and haven't been vaccinated yet, please [book online through the national booking service](#) or by phone on 119
- **If you are aged 50 and over** you can [book your jab online now through the national booking service](#) or by calling 119 free of charge. These appointments will be at our large vaccination centres or community pharmacy-led sites. Alternatively, if it is difficult for you to get to one of the larger sites, you may wait to be invited to have your vaccine at a GP-led service.
- **If you are aged 16-65 and have underlying health conditions** such as severe asthma, diabetes or lung disease, you will be contacted to arrange your vaccination at your local GP-led vaccination service. [See more information about the 'at risk' group](#). Note that those in the 'at risk' group are not currently able to book online or by phone and must await their invitation.
- **If you are an unpaid or informal carer**, - please see Section F below.
- **If you are considered housebound**, you will have your vaccination at home. Your local GP-led service will contact you to arrange this.
- **If you are an eligible health or social care worker**, see the [workforce vaccinations](#) page for more information.

E. Vaccinations - how you may be contacted

How you will be contacted for your coronavirus (COVID-19) vaccination

The NHS will let you know when it's your turn to have the coronavirus (COVID-19) vaccination.

The vaccine is being offered at larger vaccination centres, pharmacies and some local NHS services such as hospitals or GP surgeries. More people are being offered the vaccine every week.

Book now if you're eligible

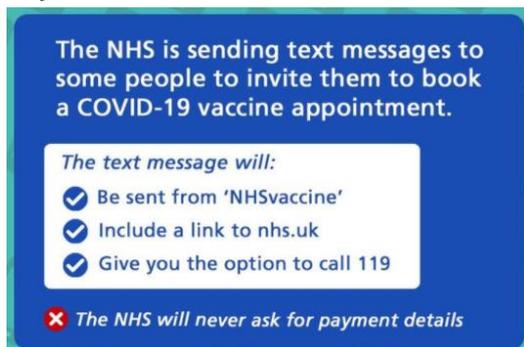
You do not need to wait to be contacted if any of the following apply:

- you are aged 50 or over
- you are at [high risk from coronavirus](#) (clinically extremely vulnerable)
- you are an eligible frontline health or social care worker
- you have a condition that puts you at higher risk (clinically vulnerable)
- you have a learning disability
- you are a main carer for someone at high risk from coronavirus

You can book appointments at a larger vaccination centre or a pharmacy that provides COVID-19 vaccinations.

[Book your coronavirus vaccination appointments online](#)

By text or letter



You may receive a text from 'NHSvaccine' inviting you to book your vaccination appointments at a larger vaccination centre or pharmacy. You may also get a letter a few days after.

If you receive a text from 'NHSvaccine' inviting you to book and you're not sure if it is genuine, you can wait to receive your letter.

Texts from 'NHSvaccine' are separate to any invites you may get from local NHS services such as a GP surgery or hospital.

If you're invited to book a vaccination at a local NHS service, you'll usually get a text or a phone call. You may sometimes get a letter.

You can choose to book your vaccination appointments at a larger vaccination centre or pharmacy, or wait to be invited to go to a local NHS service. More places are opening all the time.

Spotting a scam

The COVID-19 vaccine is free of charge on the NHS.

The NHS will never ask for:

- your bank account or card details
- your pin or banking password
- copies of personal documents to prove your identity such as your passport, driving licence, bills or pay slips

If you think you have been a victim of fraud or identify theft, report it to Action Fraud on 0300 123 2040.

If you have received a letter or text but not booked an appointment

You may get a follow-up phone call from the NHS Immunisation Management Service. This call will be from 0300 561 0240. They will see if you need any help or support with your booking. You may also get a text from 'NHSvaccine' reminding you to book a vaccination appointment.

F. A reminder about vaccinations for unpaid carers

Unpaid carers are eligible for vaccination in 'cohort 6' alongside those of all ages who are at risk due to an underlying health condition. In Sussex, carers' organisations and local authorities are working together with the NHS to ensure that all eligible unpaid carers, including parent carers, can access the vaccine.

Around a third of carers will have already received their vaccination because they were eligible in a previous cohort. All other unpaid carers are being identified and invited in a phased process:

Carers in receipt of Carer's Allowance

These carers' details are already known nationally, meaning they can book right away at one of the larger vaccination centres or pharmacy-led services through the national booking service. Book online www.nhs.uk/covid-vaccination or by calling 119.

Carers flagged as a carer on their GP record

These carers details have been passed to the national booking service so they can also book right away at one of the larger centres or pharmacy-led services. Book online www.nhs.uk/covid-vaccination or by calling 119.

They can also wait to be contacted for an appointment by their local GP-led vaccination service if that is more convenient. If they are registered with their GP as a carer for a person registered at the same practice who is now eligible because of an underlying health condition, they may be offered appointments together.

Carers registered with their local authority or a local carer's organisation

These carers are currently being identified and their details will be passed to the national booking system. They will receive a letter inviting to them to book their appointment in due course.

Other eligible carers

An application process for any other eligible carers is being developed nationally and more details will be provided once confirmed.

Carers aged 16-18

Will need to please wait to be contacted by their local GP-led service as only the Pfizer vaccine is currently licensed for their age group.

This is a large, complex, phased process and may take several weeks to implement. Carers should not worry if they do not receive their invitation straight away. The NHS in Sussex is on track to have offered the vaccine to all those in the first nine priority groups by mid-April, in line with the national target. This includes all those over the age of 50 and unpaid adult carers.

Carers who are not registered with a local carers' organisation may wish to do so in order to get information and support when they need it most and to be kept up to date.

[More information and links to carers' organisations in Sussex](#)

G. COVID vaccinations taken direct to heart of communities across the city



The 'No one's safe until we're all safe' campaign was launched last week by the local NHS and City council to make sure no one misses out on their COVID-19 vaccine offer and to make it as easy as possible for them to get protected.

As part of the campaign, it has been agreed to have community-based services that can take the vaccine closer to where people live and work with specific communities to encourage uptake.

Local people in central and East Brighton will see an ambulance moving around their neighbourhoods offering vaccines, making sure everyone in Brighton & Hove is supported to access their vaccination, and barriers that they may face such as getting to a vaccine site, are overcome with practical solutions.

The roving ambulance service will be parked outside St Peters Medical Practice on Oxford Street on Friday 19 March and outside Wellsbourne Health Centre on Whitehawk Rd on Saturday 20 March.

There will be a mix of pre-bookable and "drop in" vaccination appointments to ensure people can access their vaccination easily. More details will be included in Thursday's update about how these appointments can be arranged.

Over the following weeks, the ambulance will be visiting other areas where vaccine take up has been slower, including Moulsecomb and Bevendean and Brunswick and Adelaide.

When will I get my jab



The COVID vaccine is coming to you in East Brighton

Visit our ambulance vaccination service

When: Saturday 20 March 2021 from 10:30am to 2:30pm



Where: car park of Wellsbourne Healthcare CIC, Whitehawk Rd, Brighton, BN2 5FL

Who can book: anyone over the age of 50, those under 50 who have a serious long term health issue and unpaid carers

How to book: call 0300 303 8060 (drop in is also available)

Getting your vaccine is easy, just bring one form of ID (photo ID not required) and your NHS number, if you know it.



We look forward to welcoming you

CORONAVIRUS
KEEP SUSSEX SAFE

H. Symptom-free community testing now available in test centres and participating pharmacies across Sussex

Anyone aged 18 and over who can't work from home is encouraged to book in for a symptom-free Covid-19 test.

As efforts to combat the spread of the virus continue, local testing is being rolled out to help identify as many people as possible who have Covid-19 but not the symptoms. It offers free, rapid lateral flow tests to anyone who isn't showing signs of Covid-19, who can't work from home and who can't access testing through other means.

Further details, including how to book, are available on the Brighton & Hove City Council website at www.brighton-hove.gov.uk/communitytesting



Off to work? Get a Covid test on your way

Regular symptom-free Covid testing protects your business, customers and colleagues

Book at www.brighton-hove.gov.uk/communitytesting

No one's safe until we're all safe


Brighton & Hove City Council

You can book a test at one of 25 local community pharmacies across Sussex, or at one of two dedicated testing sites, one at the Moulsecoomb Leisure Centre in Brighton, one at Hove Town Hall. More pharmacies will be available across Sussex in the coming weeks, making it even easier to get a test close to where you live or work.

Who can get a symptom-free test?

- Anyone who lives or works in Sussex who must leave home and does not have access to a symptom-free test through other routes can book a test.
- This may include those that cannot work from home, or those that need to leave home to volunteer or provide care to others.
- If you have already been vaccinated, you should still book a test as it's possible to still carry the virus.

To book

- To make an appointment please go to the booking website at www.brighton-hove.gov.uk/communitytesting or call 01243 642130.
- You can make an appointment at any of the participating pharmacies across Sussex, so you can get tested wherever's most convenient for you - close to where you live or work.

- Pharmacies will be offering tests during their normal opening hours and the testing centres will be offering tests Monday to Saturday.

Testing is quick and easy

- The testing process takes around 10 minutes and booking in advance means there's no waiting around.
- At both pharmacies and testing centres, you will carry out your own swab test and it will be processed by staff on site. You should receive your result within 30 minutes.
- It's recommended that two tests a week are taken, three days apart.
- If you test negative, this does not completely rule out infection so you must continue to follow the current guidelines, including hands, face, space.
- If you receive a positive test, you must self-isolate immediately and you will be given advice by NHS Test and Trace.
- If you need support while you are self-isolating, help is available from our community hub.

I. Starting to prepare for second doses

Across our local area, vaccination services are preparing to offer second doses.

If you have already been vaccinated and don't yet have your second appointment **you will be contacted** to arrange this shortly by the place where you received your first. National guidance is that people must have their second vaccine at the same place they received their first.

While the first dose of the COVID-19 vaccine gives a good immunity to the virus, two doses are needed to have the best chance of full protection. Second doses are being scheduled up to twelve weeks after the first. It is really important that people get both doses to get the greatest benefit from the vaccine.

If you don't already have your date for your second dose, please be patient. Unless you have already booked both doses through the national booking service, you must have your second dose at the same place that you received your first.

They will contact you to arrange your appointment, but **this may not happen until around ten to eleven weeks after your first appointment.**

Most health and care workers have already booked their second dose, usually at the same time they booked or attended their first dose.

Second doses must be delivered by the same vaccination service that delivered the first dose. When you attend your second dose you must take photo ID to prove your identity. Please also take your NHS number if you have it, as this will make the appointment quicker and easier.

Please attend your second dose appointment. Rescheduling of second dose appointments can only be considered in exceptional circumstances.

If you've had your first dose but do not have an appointment for your second dose, please see below for what you should do.

I had my first dose at a hospital site

If you had your first dose at one of the hospitals in Sussex and don't yet have a second dose booked, then you should contact that hospital's vaccination service on the details below:

- Brighton, Royal Sussex County Hospital - bsuh.covid.vaccination@nhs.net
- Chichester, St Richards Hospital - wshnt.covidvaccineinfo@nhs.net
- Eastbourne District General Hospital - esht.covid-vaccination@nhs.net
- East Grinstead, Queen Victoria Hospital (contact only after 8 March) - qvh.covidvaccinationclinic@nhs.net
- Hastings, Conquest Hospital - esht.covid-vaccination@nhs.net
- Haywards Heath, Princess Royal Hospital - bsuh.covid.vaccination@nhs.net
- Hove, Mill View Hospital - covidvaccine@sussexpartnership.nhs.uk
- Worthing Hospital - wshnt.covidvaccineinfo@nhs.net

I had my first dose in a care home where I work

- If you work in a care home and had your first dose at your place of work, then you should be able to receive your second dose when the home is visited for residents' second doses. The NHS will contact homes to provide more details in due course, including arrangements for staff who are unable to be present for their second dose.

I had my first dose at a GP-led local vaccination service, but don't have a second dose booked. Who should I contact?

- GP-led local vaccination services will be contacting people to book second doses if they have not done so already. If ten weeks has passed since you received your first dose and you do not have an appointment for your second dose, please contact the local vaccination service that offered you the first dose.

I booked my first dose through the national NHS website or by calling 119

- If you used the national website or telephone line, you would have booked both doses at the same time. Log in or call up to see the details of your second dose and change it if necessary.

Can I use the national booking system to book a second dose only?

- No. You will only be able to book through the national booking system if our records show that you have yet to have your first dose.

I can't remember where or when I had my first dose. How can I check?

- Your GP holds your up-to-date vaccination record and should be able to provide this information.

What if I have a question that isn't answered here?

- For more information on health and care worker vaccinations in Sussex, visit www.sussexhealthandcare.uk/workforcevax

J. Fact check: Covid-19 vaccinations



You've probably read a lot of things about the coronavirus online, but not everything you have seen is true.

It is important to protect yourself and your loved ones from false information about the coronavirus and the COVID-19 vaccination programme.

Take a look at this [‘fact check’](#) produced by the Sussex Health and Care Partnership which tackles some of the biggest concerns and inaccuracies out there, and sets the record straight with the facts and trusted information.

The British Society of Immunology has shared with Healthwatch some incredibly useful resources which should help answer many of your questions and queries. Please do take time to read the guides or watch the helpful and clear videos which involve medical experts answering your questions.

- [A guide to vaccinations for COVID-19](#) addressing common questions
- [What's in a vaccine](#) an infographic and blog explaining the ingredients found in vaccines.
- [Types of vaccines for COVID-19](#) - infographics on how the different types of vaccine work.
- [COVID-19 vaccine Q&A](#) videos

Further details about all of this are contained in the separate Healthwatch [‘Fact Check’ bulletin](#) and on the [Healthwatch website](#).

K. Updated questions and answers

A full FAQ is available here: <https://www.sussexhealthandcare.uk/keepsussexsafe/sussex-covid-19-vaccination-programme/faqs-about-the-covid-19-vaccine/>

We know that people want to know more about the vaccination programme and how it will affect them and their loved ones.

To help us get information out to people and deal with the high volume of enquiries that we are receiving, we are regularly updating our FAQs on the Sussex Health and Care Partnership website, to address common questions and queries.

A selection of those questions are below:

Can I get a vaccination if I don't have an NHS number?

Yes. People do not require an NHS number or GP registration to receive a vaccination and should never be denied one on this basis. Local leaders have been asked to take action to ensure this is not the case. If someone does not have an NHS number but is within an eligible

group, services have been advised to vaccinate now, record locally via a paper system, and ensure vaccination is formally documented later.

Will the vaccine affect my fertility?

The Royal College of Gynaecologists and the Royal College of Midwives issued a statement on 19 January 2021, saying: “There is no evidence to suggest that Covid-19 vaccines will affect fertility. Claims of any effect of Covid-19 vaccination on fertility are speculative and not supported by any data.”

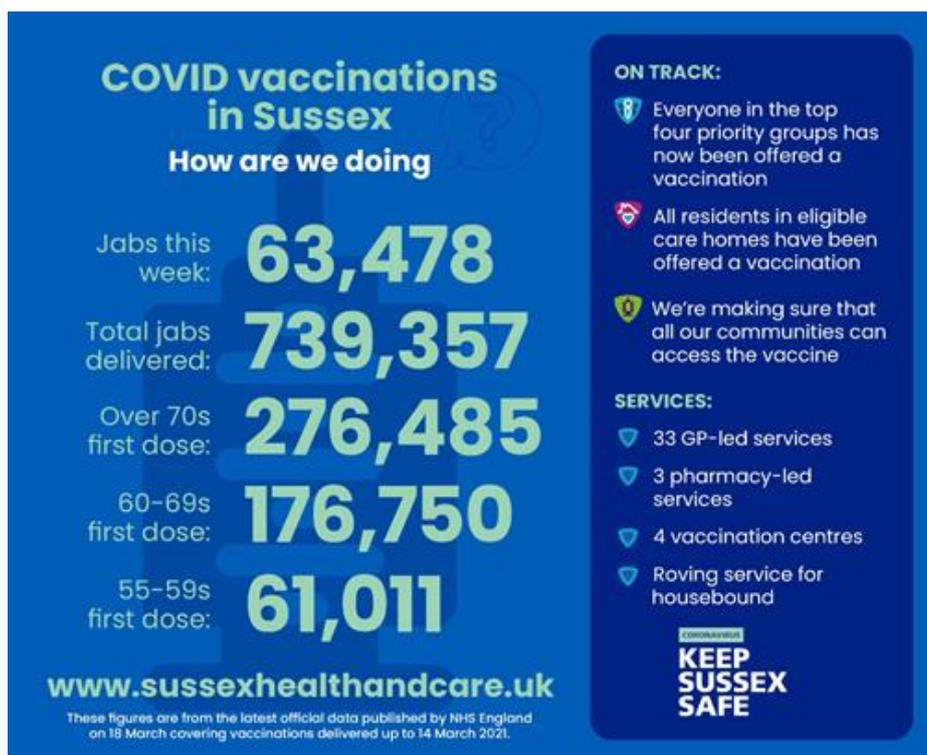
What if I miss my appointment for either dose of the vaccine? If you miss your appointment the vaccine team will attempt to rebook you, contacting you either by telephone, by letter, or both methods if necessary.

If you have a question about the Sussex COVID-19 vaccination programme, which is not answered in our FAQ document, please do let us know using the dedicated mailbox Sxccg.vaccineenquiries@nhs.net

L. Latest vaccination data published



This week we passed 100 days since we delivered our first Covid-19 vaccination on 8 December and the progress since then has been outstanding. Data published today shows that **739,357** doses have been delivered so far up to 14 March. See the full [data breakdown](#) which now includes breakdowns by CCG area, local authority and MP Constituency.



M. How to get your vaccine - in different languages

English	To book your COVID-19 vaccination appointments go to www.nhs.uk/covid-vaccination or phone 119 which will have interpreters available on request.	For more information in other formats, and languages other than English, go to: http://bit.ly/adultguide
Arabic عربي	، انتقل إلى COVID-19 لحجز مواعيد اللقاح ضد www.nhs.uk/covid-vaccination أو اتصل برقم 119 الذي سيوفر مترجمين فوريين عند الطلب.	لمزيد من المعلومات بتنسيقات ولغات أخرى غير الإنجليزية، انتقل إلى: http://bit.ly/adultguide
Bengali বাংলা	আপনার কোভিড-১৯ টিকার অ্যাপয়েন্টমেন্টের বুকিং এর জন্য www.nhs.uk/covid-vaccination এ যান বা ১১৯ নম্বরে ফোন করুন যেখানে অনুরোধ সাপেক্ষে দোভাষী পরিষেবা সুবিধা পাওয়া যাবে।	অন্যান্য প্রকরণ এবং ইংরেজী ব্যতীত অন্য ভাষাতে আরও তথ্য পেতে এখানে যান: http://bit.ly/adultguide
Spanish Español	Para reservar sus citas de vacunación contra la COVID-19, vaya a www.nhs.uk/covid-vaccination o llame al teléfono número 119, donde tendrá intérpretes disponibles previa solicitud.	Para obtener más información en otros formatos e idiomas distintos del inglés, visite: http://bit.ly/adultguide
Farsi فارسی	برای رزرو قرارهای واکسیناسیون کووید-19 خود به www.nhs.uk/covid-vaccination مراجعه کرده یا به شماره 119 زنگ بزنید که بنا به درخواست، مترجم همزمان در اختیار دارند.	برای اطلاعات بیشتر در فرمتهای دیگر، هر زبان دیگر به غیر از انگلیسی، به اینجا مراجعه کنید: http://bit.ly/adultguide
Gujarati ગુજરાતી	તમારી કોવિડ-19 રસીકરણની એપોઇન્ટમેન્ટ બુક કરવા માટે www.nhs.uk/covid-vaccination પર જાવ અથવા 119 પર ફોન કરો જેઓ વિનંતી કરવાથી દુભાષિયા ઉપલબ્ધ કરાવી આપશે.	ઇંગ્લીશ સિવાયના અન્ય સ્વરૂપો અને ભાષાઓમાં વધુ માહિતી માટે, અહીં જાઓ: http://bit.ly/adultguide
Hindi हिन्दी	अपनी COVID-19 टीकाकरण अपॉइंटमेंट की बुकिंग करने के लिए www.nhs.uk/covid-vaccination पर जाएं या 119 पर फोन करें जहां अनुरोध पर दुभाषिए उपलब्ध होंगे।	अन्य प्रारूपों, और अंग्रेजी के अलावा अन्य भाषाओं में अधिक जानकारी के लिए इस वेबसाइट पर जाएं: http://bit.ly/adultguide

Kurdish سۆرانی	بۆ سازکردنی مهوعید بۆ کوتان دژی کۆفید-19 سەردان بکە بۆ www.nhs.uk/covid-vaccination یان تەلەفون بکە بۆ 119 کە وەرگیری زانیان هەمیه به داواکردن	بۆ زانیاری زیاتر به شیوازی تر، وه به زمانی تر جگه له ئینگلیزی، سەردان بکە بۆ http://bit.ly/adultguide
Nepali नेपाली	तपाईंको COVID-19 खोप एपोइन्टमेन्ट लिन www.nhs.uk/covid-vaccination मा जानुहोस् वा 119 मा फोन गर्नुहोस् जहाँ अनुरोध गर्दा दोभाषेहरू पनि उपलब्ध हुनेछन्।	अन्य स्वरूप, र अङ्ग्रेजी बाहेक अन्य भाषामा थप जानकारीका लागि, यहाँ जानुहोस्: http://bit.ly/adultguide
Punjabi ਪੰਜਾਬੀ	ਆਪਣੀਆਂ ਕੋਵਿਡ-19 ਟੀਕਾਕਰਨ ਅਪਾਇੰਟਮੈਂਟਾਂ ਬੁੱਕ ਕਰਨ ਲਈ www.nhs.uk/covid-vaccination 'ਤੇ ਜਾਓ ਜਾਂ 119 'ਤੇ ਫੋਨ ਕਰੋ ਜਿੱਥੇ ਬੇਨਤੀ ਕਰਨ 'ਤੇ ਦੁਭਾਸ਼ੀਏ ਉਪਲਬਧ ਹੋਣਗੇ।	ਹੋਰ ਫਾਰਮੈਟਾਂ ਅਤੇ ਅੰਗਰੇਜ਼ੀ ਤੋਂ ਇਲਾਵਾ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਵਿੱਚ ਵਧੇਰੇ ਜਾਣਕਾਰੀ ਲਈ, ਇਸ ਵੈੱਬਸਾਈਟ 'ਤੇ ਜਾਓ: http://bit.ly/adultguide
Polish Polski	Aby umówić wizytę na szczepienie przeciwko COVID-19, należy udać się na stronę www.nhs.uk/covid-vaccination lub zadzwonić pod numer 119, pod którym na żądanie dostępni są tłumacze ustni.	Więcej informacji w innych formatach i innych językach jest dostępna na: http://bit.ly/adultguide
Romanian Română	Pentru a vă programa pentru vaccinarea împotriva COVID-19 accesați www.nhs.uk/covid-vaccination sau apelați numărul de telefon 119, care vă poate pune la dispoziție interpreți disponibili la cerere.	Pentru mai multe informații în alte formate și alte limbi în afară de limba engleză, accesați: http://bit.ly/adultguide
Somali Soomaali	Si aad u qabsato ballantaada tallaalka COVID-19 aad www.nhs.uk/covid-vaccination ama taleefoon u dir lambarka 119 khadkaas oo laga heli karo turjubaano marka la weydiisto.	Macluumaad dheeraad ah oo ku saabsan qaabab kale, ama luqado kale aan Ingiriis aheyn, aad: http://bit.ly/adultguide
Albanian Shqiptare	Për të rezervuar takimet tuaja të vaksinimit COVID-19 shkoni në www.nhs.uk/covid-vaccination ose telefononi numrin 119 i cili do të ketë në dispozicion përkthyes sipas kërkesës.	Për më shumë informacion në formate të tjera dhe gjuhë të tjera përveç anglishtes, shkoni te: http://bit.ly/adultguide

Tagalog Tagalog	Para mai-book ang iyong mga appointment sa pagpapabakuna laban sa COVID-19, pumunta sa www.nhs.uk/covid-vaccination o tumawag sa 119 na kung saan may maaaring tumulong na mga interpreter kapag hiniling.	Para sa higit na impormasyon sa iba pang mga format, at mga wika maliban sa Ingles, pumunta sa: http://bit.ly/adultguide
Urdu اُردُو	کوویڈ-19 کے حفاظتی ٹیکے لگوانے کے لیے اپنی ایوانٹمنٹ بک کرنے کے لیے www.nhs.uk/covid-vaccination پر جائیں یا 119 پر کال کریں جہاں پر درخواست کرنے پر مترجم دستیاب ہوں گے۔	دیگر فارمیٹس، اور انگریزی کے علاوہ دیگر زبانوں میں معلومات کے لیے جائیں: http://bit.ly/adultguide
Chinese 中文	欲预约您的 COVID-19 疫苗接种，请访问 www.nhs.uk/covid-vaccination 或拨打 119，可根据要求提供口译员服务。	欲获其它格式及英语以外其它语言的更多信息，请访问： http://bit.ly/adultguide



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